

Are your patients suffering from **uncontrolled blood pressure**?

Uncontrolled hypertension affects millions worldwide and remains a leading cause of heart attack, stroke, and kidney disease.¹ Fewer than 1 in 5 people with hypertension have their blood pressure under control.² Improving detection, adherence, and access to effective treatment can prevent millions of premature deaths each year.²



Uncontrolled hypertension is often a **SILENT** condition, progressing without noticeable symptoms. That's why early intervention is essential to reducing long-term vascular damage and cardiovascular risk.



By recognising the factors contributing to uncontrolled hypertension and its symptoms, patients, with support from their doctors and pharmacists, can take proactive steps to manage their blood pressure and reduce the risk of complications.

What steps can pharmacists and their teams take to support patients with uncontrolled hypertension?

SUPPORTING PATIENTS WITH UNCONTROLLED HYPERTENSION: A TOOLKIT FOR PHARMACISTS can help !

Recognise and Identify

Start a Conversation and Take Action

Collaborate with Primary Care



EDUCATIONAL GUIDE:
SUPPORTING PHARMACISTS
WITH UNCONTROLLED
HYPERTENSION CARE



**EDUCATIONAL
GUIDE**



**ASSESSMENT
TOOL**



**PATIENT
INFORMATION
LEAFLET**



**PRIMARY CARE
REFERRAL
LETTER**

Why pharmacy teams should use this toolkit:

1

Improve patient outcomes through earlier detection and better management of hypertension

2

Strengthen connections within the local community to create more opportunities to work together to achieve shared patient care goals

3

Support the development and expansion of your pharmacy to better meet the needs of your patients



HELP YOUR PATIENTS TAKE CONTROL OF THEIR BLOOD PRESSURE — THEIR HEALTH WILL THANK YOU!

1. World Health Organization (WHO). Global report on hypertension: The race against a silent killer. Geneva: WHO; 2023. Available at: <https://www.who.int/publications/i/item/9789240081062>

2. World Health Organization (WHO). Global hypertension report 2025: High stakes—turning evidence into action. Geneva: WHO; 2025. Available at: <https://www.who.int/publications/i/item/9789240115569>